Paninis

Lone Star Chicken Panini
Grilled Chicken Breast, Turkey Bacon, Tomato, Black Beans, Cheddar Jack Cheese & Ancho Chipotle Sauce

BBQ Chicken Panini
Grilled Chicken Breast, Brown Rice, Black Beans, Scallions & BBQ Sauce

Thai Chicken Panini
Grilled Chicken Breast, Spinach, Brown Rice, Scallions, Peanuts & Thai Peanut Sauce

Tuscan Chicken Panini
Grilled Chicken Breast, Mozzarella Cheese, Red Onion, Sun-Dried Tomatoes, Basil & Pesto Sauce

Apollo Panini
Artichoke Hearts, Mushrooms, Basil, Mozzarella Cheese & Creamy Pesto Sauce

Buffalo Panini
Grilled Chicken Breast, Cheddar Jack Cheese, Celery, Blue Cheese Dressing & Frank’s Buffalo Wing Sauce

Texas Café Panini
Grilled Chicken Breast, Guacamole, Sour Cream, Brown Rice, Cheddar Jack Cheese & Salsa

$6.79
440 CAL

$6.79
600 CAL

$6.79
680 CAL

$6.79
680 CAL

$6.79
520 CAL

$6.79
540 CAL

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request
Rice Bowls

**Mongolian Veggie**
Brown Rice topped with Roasted Red Peppers, Broccoli, Carrots, Green Peppers, Scallions & Teriyaki Sauce

$6.69  
630 CAL

**Chicken Fajita**
Grilled Chicken Breast over Brown Rice topped with Green Pepper, Red Onion, Cheddar Jack Cheese & Salsa

$6.99  
750 CAL

**Southwest Veggie**
Black Beans over Brown Rice topped with Tomato, Green Pepper, Scallions, Cheddar Jack Cheese & Salsa

$6.69  
810 CAL

**Asian Chicken & Broccoli**
Grilled Chicken Breast and Broccoli over Brown Rice topped with Mushrooms, Shredded Carrots, Scallions & Teriyaki Sauce

$6.99  
690 CAL

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Buffalo Quesadilla
Grilled Chicken Breast, Red Onion, Celery, Cheddar Jack Cheese, Light Sour Cream & Buffalo Wing Sauce

California Quesadilla
Guacamole, Onion, Mushrooms, Sour Cream, Cheddar Jack Cheese & Salsa

Chicken Fajita Quesadilla
Grilled Chicken Breast, Peppers, Onion, Cheddar Jack Cheese & Salsa

Fiji Chicken Quesadilla
Grilled Chicken Breast, Roasted Red Peppers, Pineapple, Corn, Peanut, Cheddar Jack Cheese & Thai Peanut Sauce

Brazilian Quesadilla
Grilled Chicken Breast, Tomato, Red Onions, Cheddar Jack Cheese & Brazilian Sauce topped with Fajita Seasoning

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**Grilled Flatbread**

**Spinach & Bacon**
Spinach, Crumbled Bacon & Feta Cheese over Mozzarella Cheese & Creamy Pesto Sauce
- $6.79
- 660 CAL

**Pesto Chicken**
Grilled Chicken, Roasted Red Peppers & Tomato over Mozzarella Cheese & Creamy Pesto Sauce
- $6.79
- 450 CAL

**Chicken Fajita**
Grilled Chicken, Green Peppers & Red Onion over Cheddar Jack Cheese & Salsa
- $6.79
- 520 CAL

**Brazilian Chicken**
Grilled Chicken over Mozzarella Cheese & Brazilian Sauce
- $6.79
- 510 CAL

**Buffalo Chicken**
Grilled Chicken over Mozzarella Cheese & Buffalo Sauce
- $6.79
- 420 CAL

**Margherita**
Tomato & Basil over Mozzarella Cheese & Tomato Sauce
- $6.79
- 360 CAL

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Rustic Flatbread Pizzas

**Cheese & Pepperoni**
Tomato Sauce & Mozzarella Cheese topped with Pepperoni
$7.99
530 CAL

**Cheese**
Tomato Sauce, Mozzarella Cheese
$6.99
370 CAL

**BBQ Chicken & Scallions**
BBQ Sauce & Mozzarella Cheese topped with Grilled Chicken Breast & Scallions
$7.99
650 CAL

**Chicken Parmesan**
Tomato Sauce & Mozzarella Cheese topped with Breaded Chicken Breast & Parmesan Cheese
$7.99
710 CAL

**Spinach & Artichoke**
Creamy Pesto & Mozzarella Cheese topped with Baby Spinach, Artichoke Hearts, Scallions & Feta Cheese
$7.99
760 CAL

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10” Gluten Free Flatbread

Turkey Club
Lettuce, Tomato, Turkey, Bacon & Ranch Dressing
$5.99
380 CAL

Chicken Club
Lettuce, Tomato, Grilled Chicken Breast, Bacon & Ranch Dressing
$5.99
500 CAL

Veggie Ranch
Lettuce, Tomato, Cucumber, Red Onion, Roasted Red Peppers & Ranch Dressing
$5.99
250 CAL

Hummus Wrap
Hummus, Lettuce, Tomato & Cucumber
$5.99
260 CAL

Please note that while these menu items are made with gluten free ingredients, there is the potential for cross contamination with the gluten in this kitchen. Please see a manager with questions or concerns.

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