

# May


SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

 <b>1</b>	<b>2</b>	 <b>Spring Fling</b> Last day of classes! <b>3</b>	<b>Stress Relief Days</b> at the Mueller Center  NATIONAL ORANGE JUICE DAY May 4th <b>4</b>	 <b>Stress Relief Days</b> at the Mueller Center  <b>5</b>	<b>6</b>
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 <b>Blueberries</b> These berries are antioxidant powerhouses, protecting the brain from oxidative damage that lead to premature aging. The flavonoids in blueberries also improve the communication between neurons, improving memory, learning and all cognitive function. <b>7</b>	<b>bra'n food FOR FINALS in the dining halls</b>				 <b>Avocado</b> A great source of monounsaturated fats, omega 3 and omega 6 fatty acids that increase blood flow to the brain, lower cholesterol and aid in the absorption of antioxidants. <b>13</b>
 <b>8</b>	<b>STUDENT APPRECIATION DAY!</b> <b>DINNER @ ALL DINING HALLS</b> <b>9</b>	<b>10</b>	<b>11</b>	Dining Halls Close After Dinner <b>12</b>	

<b>Happy MOTHER'S DAY</b> <b>14</b>	 <b>15</b>	 <b>national CHERRY COBBLER day</b> <b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	 <b>RENSELAER COMMENCEMENT</b> <b>20</b>
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Russell Sage Dining Hall Open for Dinner 5:00pm-6:30pm <b>21</b>	<b>SUMMER SESSION I BEGINS</b> Russell Sage Dining Hall Begins Summer Hours  <b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	 <b>national BLUEBERRY CHEESECAKE day</b> <b>26</b>	<b>National Grape Popsicle Day</b> MAY 27 <sup>ST</sup> <b>27</b>
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<b>NATIONAL HAMBURGER DAY</b>  MAY 28 <sup>TH</sup> <b>28</b>	 <b>Happy Memorial Day</b>  <b>29</b>	<b>30</b>	 <b>NATIONAL MACARON DAY</b> MAY 31 <sup>ST</sup> <b>31</b>
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